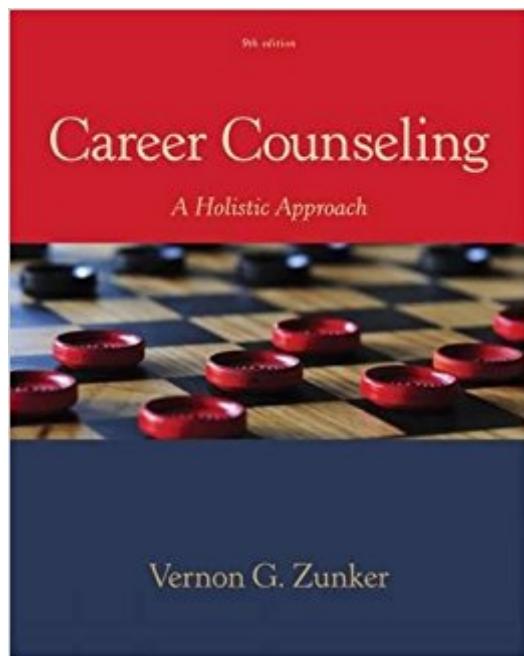


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# Career Counseling: A Holistic Approach



## **Synopsis**

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips readers with a solid understanding of the theoretical models of career counseling as well as practical techniques on how to effectively counsel clients. The text's innovative holistic or "whole person" approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the ninth edition includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life.

## **Book Information**

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## **Customer Reviews**

"I find this product is one of the strongest on the market that is more inclusive of the whole lifespan and includes the holistic considerations. The traditional separation of career counseling and personal counseling is bridged in this text. This is an excellent move to unite the counseling profession, and to demonstrate that the two cannot be separated." "This is a very comprehensive, thorough, and inclusive reference text within the field of career development and career counseling. The author provides in-depth, contextual information related to serving special populations, including female and male clients, clients with disabilities, racial/ethnic minority clients, and clients within a variety of age groups."

Vernon Zunker is a retired professor from Southwest Texas State University. He earned his Ed.D. with an emphasis on counseling from the University of Houston and completed a residency in clinical psychology at the University of Texas Medical School at Galveston. Although retired from teaching, Dr. Zunker continues to push the discipline forward by keeping career counseling relevant to all counseling students.

I appreciated some of the content about cultural factors and developmental concerns. However, the book is poorly-written, and, as others have said, very difficult to follow at times. The writing quality is definitely below that of most of my other textbooks. It seems as if the book were never truly proof-read. I kept encountering sentence fragments that didn't make sense, and I had to infer what the author was trying to say. Even worse, I came across this statement on page 372: "Interestingly, parenting style that is less authoritative, strongly influences teenagers to be less susceptible to peer pressure (Mounts & Steinberg, 1995)." This struck me as unlikely, since authoritative parenting is known to be beneficial in helping kids develop a strong identity and sense of values. I found the source article, and it said that kids with authoritative parents are more likely to be influenced by peers who value high school achievement (beneficial peer influence), but less likely to be influenced by peers who are using drugs. Hence, the textbook is extremely misleading in its use of this source (possibly due to poor writing/proof-reading, rather than genuine misuse). But if I (as a graduate student, not a professor) can find informational errors in this text, then it makes me wonder what else is misconstrued. I'm not impressed. For \$150, you'd expect to get a better product!

This is an awful book. The author writes it in a way that is unclear and confusing to understand. My whole class is confused behind all the theories in Ch. 2 which I feel like he should have had more chapters explaining the theories without making them seem similar from each other.

I ordered this book for a master class. As English is my second language I was a bit confused if I was having trouble to understand it since I find the book difficult and confused to understand. Well, after reading the reviews at least I can say it is no me. I have to read it because my class, otherwise I would not read.

This book is terrible. I can usually power through boring textbooks for the sake of a good grade, but this one was especially difficult to read. It is boring. VERY boring. What gets me the most though is

how confusing it is. The terms and key words seem to be used interchangeably, which makes reading through information rich chapters like theories EXTREMELY difficult. If your professor has assigned this book for your Career Counseling class, good luck. That is all I can really say.

I think this book did a great job of explaining the different models and theories of counseling psychology. It went in depth on many of the concepts and made for great learning.

I started school on 1/20 & ordered my book on 1/14. I get it on the first day of the semester. That was good. I opened it today to find out it is the WRONG book! The ISBN number does NOT match my order and it is the international version which I did not order either. I am furious and feel so stupid because I read reviews about this seller sending the wrong books, but I went out on faith because they had so many other positive reviews. Clearly I was wrong. I have requested a new book, but I'm already 2 days into the semester and cannot afford to not have my book. I'm going to a bookstore tomorrow and if I find it I want a REFUND because I don't have time to wait for the return and delivery process. I needed this book like yesterday. Ugh! I'm furious!!!

Having recently begun reading this text, I have only completed two chapters. However, two chapters is enough to determine the quality and presentation of the material presented so far. Although the information contained in the text is very pertinent and relevant to future counselors, the author's writing style and presentation is somewhat lacking. At times the paragraph and categorical structure is loosely organized. For instance, the author may introduce in the last sentence a topic totally unaddressed in the rest of the sentence. Additionally, topic and sub-topic categories are often ambiguously delineated. This book may cover the information students need to know, but the format of that material is weak, particularly for a graduate-level text.

I bought this book for a career counseling class I took over the summer. While I think this is a good book for the beginning counselor to get an overview of career counseling as a whole, I would not recommend it for a summer class which are a condensed version of the longer fall and spring semesters. I might have read half of the book for class and did not read the rest. It is a very easy read so if one is looking for something more in depth, this is not the book to buy as it is generalized. The appendix sections were helpful. I would refer to them for future use if I went into career counseling in the future. I also bought this book in looseleaf which was just as good as the hardcover text.

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